

Dear Parents,

Here we are drawing to the end of the first half term and I cannot believe how quickly it has gone!

When we return, after half term, we will be looking to finalise plans for our annual Christmas Fair on Sunday 9 December 2018.

This is our biggest and most important fund raising event of the year, so your support is very much appreciated and needed.

I would like to take this opportunity to thank you for your support so far and to wish you all a lovely half term when it arrives.

If you are not receiving regular email updates about **FOSC's** news and events from your class rep, we would love to hear from you to add you into the network! Please contact me on [sarah.prain@yahoo.co.uk](mailto:sarah.prain@yahoo.co.uk) or our Class Rep Coordinator Leila West on [leliabess@yahoo.com](mailto:leliabess@yahoo.com)

Finally, please feel free to contact any committee member with your feedback and thoughts to help our fundraising efforts.

Best wishes

Sarah Jane Prain  
FOSC Chair  
07977572503 / [sarah.prain@yahoo.co.uk](mailto:sarah.prain@yahoo.co.uk)



**SAVE THE DATE – FOSC CHRISTMAS FAIR**



**FOSC** will be hosting their annual Christmas Fair on Sunday 9 December 2018.

Further information will follow after half term but please add this date to your diary.

We are looking for as much support and manpower as possible to make this a successful event. If anyone has any spare capacity, or can help in any other way, please contact Sarah Prain directly. Many thanks in advance for all your support.

**FOSC KEY DATES**

<b>EVENTS:</b>	<b>CHRISTMAS FAIR</b>	<b>SUNDAY 9 DECEMBER 2018</b>
	<b>QUIZ NIGHT</b>	<b>FRIDAY 1 FEBRUARY 2019</b>
	<b>PREP PJ DISCO</b>	<b>FRIDAY 22 MARCH 2019</b>
	<b>SUMMER FAIR</b>	<b>SUNDAY 23 JUNE 2019</b>
<b>MEETINGS:</b>	<b>COMMITTEE</b>	<b>TUESDAY 16 OCTOBER 2018</b>
	<b>CLASS REPS</b>	<b>TUESDAY 20 NOVEMBER 2018</b>
		<b>MONDAY 12 NOVEMBER 2018</b>

**ALL PARENTS ARE WELCOME TO OUR MEETINGS HELD FROM 7.30PM**  
Committee meetings are held in the Lodge Classroom  
Class Rep meetings held in the Drama Studio



**SENIOR NEWSLETTER**

*Friday 10 October 2018*

**DATES FOR YOUR DIARY**

Monday 15 October	Year 8 to Chessington
Wednesday 17 October	Siena Society—David Guild 4.00pm Costa Rica Parents' Evening 7.00pm
Thursday 18 October	EPQ Mini Presentations
Friday 19 October	Year 7 to Legoland

**Monday 22 October—Friday 2 November—HALF TERM**

Tuesday 6 November	Year 13 Historians to Tudor Conference
Friday 9 November	Remembrance Service in Radnor Gardens
Saturday 10 November	Whole School Open Morning 10.00am

**FROM THE HEADMISTRESS**

Our Sixth Form have enjoyed a full and interesting two weeks. The Siena Society hosted Sangeetha Saunder, a junior doctor at Guy's and St Thomas' NHS Foundation Trust; she inspired her large audience and gave helpful advice about applying to read medicine. We have also had the first of our Sixth Form parents' meetings which gave teachers and parents the chance to discuss the girls' progress over this important term. I know that the Sixth Form are all really moving forward with their personal statements and I have appreciated reading them, and their excellent references. It was also lovely to meet with some of the prefects to think about possible events for later this year; they show just the kind of creativity and energy we want to see in our school leaders.

This week marks the last of a series of afternoon tea meetings I've enjoyed with small groups from Years 11 and 12. We have covered a range of topics, including their future careers, their hopes for sporting success, our favourite films and exhibitions and, of course, the importance of eating cake.

It was also a pleasure to walk with Year 11 to St James for mass, on a recent beautiful autumn morning. The gospel was about Jesus visiting the sisters, Martha and Mary – the former busy and anxious, and the latter quietly sitting with Jesus. This familiar story suggests that it is sometimes better to take the time to pause and to contemplate, rather than being frantic and unfocused as we try to do many things at once. This is a fitting thought for the half term that is almost with us and I wish all the girls a happy break, where they can find a good balance by doing work well and also taking time for rest and fun.

With best wishes  
Mrs McPherson

## SIXTH FORM INTERVIEWS

It is a very busy time of year in the Sixth Form, as the girls prepare their UCAS applications. Many of the girls who are applying for the most competitive courses will be required to attend an interview at their chosen university. This can be seen as either a nerve-wracking experience, or a chance to shine! In order to give the girls the confidence to see an interview as an opportunity, we are again working with the Rotary Club to provide interview experience. This week, the Rotarians visited school to interview two of our girls in front of the whole Sixth Form with one girl playing the part of a strong interviewee and one playing the part of a weaker candidate. We then discussed how the girls came across and how



performance could be improved. We will be soon be welcoming the Rotarians back, and they will be giving 1:1 interview practice to all of the girls, with personalised feedback. Many thanks to the Rotary Club!



## SIENA SOCIETY

Continuing with our theme of competitive careers, we also held a Siena Society lecture this week where Sangeetha Saunder, a newly qualified doctor, spoke about her career path. The girls were very inspired by Sangeetha's determination!

Our next Siena talk is equally unmissable - David Guild will be talking about careers in the financial sector. Attending these talks is a great way for girls to find out more about careers they are interested in, but also to open their eyes and minds to careers they may not have considered. If any parents would like to volunteer to come and talk about their career, please do get in touch.

## CHARITY APPEAL

### Year 11 Charity Appeal for women@thewell

Women@thewell is a charity located in King's Cross which supports vulnerable women.

Year 11 have chosen this charity for their Christmas campaign and are hoping to provide 250 gift bags which can be distributed to the women some of whom are homeless and others who live in very difficult circumstances.

Year 11 girls have visited Form groups and given all girls a list of contents which the charity recommend for the gift bags. Our hope is that as many girls as possible will prepare a bag over the half term break and bring it in by Friday 9<sup>th</sup> November.

The girls will also be holding a Bake Sale on Thursday 18<sup>th</sup> October so that they can buy basic essentials for the bags.

We do hope you can support us.



Year 11 girls and tutors.

## SPORTS NEWS

Congratulations to the 8A team who drew against Grey Court year 9B team on Tuesday 9 October. They had an outstanding GK but that could not stop I. Hames and S. Bainbridge from getting their shots in first time. Well done to L. Small who was asked to help at the last minute and was a valuable member of that team. Also big thank you to Z. Hill who came along to coach and score for us.



Congratulations to the 10B team who played together for the first time on Monday 8 October and showed excellent promise. They unfortunately lost against Grey Court but have each decided what they need to do to improve. Well done to R. Grimes for getting Girl of the Game for her excellent shooting. Also a big thank you to Z. Hill who came along to coach and score for us.

Good luck to those involved in the London School League Swimming on Wednesday 17<sup>th</sup> October at LEH. Also to those involved in the ISA Swimming trial, please ensure slips go to Mrs Macwilliam and Miss Waddams as soon as possible.

## FOSC CAKE STALL

After half term, the Thursday FOSC Cake Stall, run by Debbie and Chrissie, will be moving and will be located behind the swimming pool overlooking the sports field.