

Week One

Spring

Lunch MENU

Monday

Butternut Squash & Chilli
Soup

Meat Free Monday

Cheese & Tomato Pizza

Sweetcorn and Red Pepper
Pizza

Gluten Free Spaghetti with
Tomato Sauce

Spinach with Garlic Oil

Steamed Broccoli

Lemon Drizzle Cake

Tuesday

Tomato & Carrot Soup

Freshly Made Bread

Main Dish

Cottage Pie

Vegetarian Dish

Cheddar and Cherry Tomato Tart

New Potato

Roast Carrot

Spring Greens

Sticky Toffee Pudding

THURSDAY

Spinach, Tomato
& Chickpea Soup

Freshly Made
Bread

Main Dish

Chicken and pesto
with Tomato
Sauce & Rice

Vegetarian Dish

Cauliflower &
Broccoli Cheese
with Toasted
Seeds

Roast Courgette
Mange Tout

Chocolate Fudge
Cake

AVAILABLE DAILY

Jacket Potato

Sweet Potato

Freshly Made Salads

Jelly

Fresh Fruit

Friday

Sweet Potato & Honey
Soup

Main Dishes

Fish Fingers

Salmon Fillet with Butter

Chive Sauce

Vegetarian Dish

Vegetable & Lentil
Lasagne

Chunky Chips

Leeks

Creamy Savoy Cabbage

Forest Fruit Sponge

Wednesday

Lentil & Mushroom
Soup

Wholemeal Bread

Main Dish

Steak & Onion
Casserole

Vegetarian Dish

Nachos with
Tomato & Bean
Salsa

Green Beans
Crushed New
Potato
Red Cabbage

Apple & Cinnamon
Crumble with
Custard

our awards!



Lunch MENU

AVAILABLE DAILY

Monday

Cauliflower Cheese Soup
Freshly Made Bread

Meat Free Monday

Creamy Potato Gnocchi with
Parmesan

Quorn Bolognese

Spaghetti
Sweetcorn
Carrot

Carrot Cake with Vanilla
Frosting

Tuesday

Leek & Potato Soup
Freshly Made Bread

Main Dish

Chicken Tikka Masala

Vegetarian Dish

Sweet & Sour Vegetables

Steamed Rice
Mini Poppadum
Cucumber and Yoghurt
Cauliflower

Lemon Meringue Sponge

THURSDAY

Minestrone
Soup
Freshly Made
Bread

Main Dish

Shepherds Pie
with Vege Mash

Vegetarian Dish

Cauliflower
Steak with Basil
Pesto

Spring Greens
Broccoli
Roast Butternut
Squash

Jam & Coconut
Sponge

Friday

Lentil & Vegetable Soup
Freshly Made Soup

Main Dish

Battered Cod Goujons
White Fish & Prawn Pie

Tomato & Basil Arancini

Chunky Chips
Minted New Potato
Beans
Peas

Mixed Fruit Flapjack

Wednesday

Tomato & Roast
Garlic Soup

Freshly Made
Bread

Main Dish

Roast Pork with Apple
Sauce & Gravy

Vegetarian Dish

Asparagus & Green Pea
Tarts

Roast Potato
Buttered Green Beans
Roast Carrot

Chocolate Brownie

our awards!



Lunch MENU

Monday

Roast Mushroom Soup
Freshly Made Bread

Main Dish

Chicken Chilli with Sour Cream & Nachos

Vegetarian Dish

Red Pepper and Squash Risotto

Steamed Rice
Broccoli

Golden Syrup Pudding with Custard

Wednesday

Vegetable & Noodle Soup
Freshly Made Bread

Main Dish

Beef & Mushroom Pie with Shortcrust Pastry

Vegetarian Dish

Spaghetti with Courgette and Pesto

Sauté Potato
Braised Red Cabbage
Ratatouille

Apple and Ginger Cake with Cream

Tuesday

Parsnip & Leek Soup
Freshly Made Bread

Main Dish

Mediterranean Chicken with Olives

Vegetarian Dish

Courgette, Aubergine and Chickpea Tagine
Cous Cous
Buttered Kale
French Beans

Rice Pudding with Raspberry Sauce

THURSDAY

Mixed Bean & Vegetable Soup
Freshly Made Bread

Main Dish

Homemade Beef lasagne

Vegetarian Dish

Quorn & Vegetable Lasagne

Garlic Bread
Potato Wedges
Pak Choi
Roast Courgette

Chocolate & Orange Marble Cake

our awards!



AVAILABLE DAILY

Jacket Potato
Sweet Potato
Freshly Made Salads
Jelly
Fresh Fruit

Friday

Celeriac & Apple Soup
Freshly Made Bread

Main Dish

Jumbo Fish Fingers
Thai Salmon & Coconut Fishcakes

Vegetarian Dish

Beetroot & Horseradish Risotto

Chunky Chips
Garden Peas
Baked Beans

Mixed Fruit & Lemon Shortbread