Week one

chapter one

Available everyday

Everyday salads; big bowl salad, tomato, cucumber, peppers, grated carrot, boiled eggs, mixed leaves, sweetcorn

Fruit bar; selection of bananas, apples, satsumas, melon and mixed grapes

Yoghurt bar; selection of natural yoghurt, seeds and dried fruits

Jacket potato bar; hot jacket potatoes with a choice of fillings

Please see daily menu boards for **allergens.**

Monday

Main meal

Macaroni Cheese
Lemon & Herb Baked Pollock

Veggie main

Cheese & Tomato Vegetable Pasta Bake

Sides

Roasted Butternut Squash & Beetroot
Broccoli Florets

Desserts

Lemon & Raspberry Cheesecake

Tuesday

Main meal

Bacon Cheese Burgers

Veggie main

Vegan Burger

Sides

Potato Wedges Onion Rings BBQ Beans

Desserts

Chai Strawberry Yoghurt Granola

Wednesday

Main meal

Herby Roast Chicken Breast & Thighs ,Apple & Sage Stuffing, Yorkshire Pudding Gravy

Veggie main

Cheddar Mushroom & Red Pepper Quiche

Sides

Roast Potatoes Savoy Cabbage Root Vegetables

Desserts

Rocky Road

Global pantry

Why not try: British roast lunch yorkie wrap

Thursday

Main meal

Thai Green Chicken Curry
Prawn Crackers

Veggie main

Thai Red Vegetable Curry

Sides

Jasmine Rice Asain Vegetables Green Beans

Desserts

Apple & Sultana Crumble & Custard

Friday

Main meal

Battered Fish Fish Fingers

Veggie main

Bang Bang Cauliflower Minty Yoghurt Dressing

Sides

Chips Baked Beans Peas Tartar Sauce
Lemons Gherkins

Desserts

Ice Cream

Week two

chapter one

Available everyday

Everyday salads; big bowl salad, tomato, cucumber, peppers, grated carrot, boiled eggs, mixed leaves, sweetcorn

Fruit bar; selection of bananas, apples, satsumas, melon and mixed grapes

Yoghurt bar; selection of natural yoghurt, seeds and dried fruits

Jacket potato bar; hot jacket potatoes with a choice of fillings

Please see daily menu boards for **allergens.**

Monday

Main meal

Tuna Nicoise
Salmon & Sweetcorn Pasta Bake

Veggie main

Margaritta Pizza or Vegetable Pizza

Sides

Onion Rings Peas & Corn
Roasted Mediteranean Vegetables

Desserts

Fruit Flapjack

Tuesday

Main meal

Katsu Chicken Curry

Veggie main

Katsu Panko Butternut Squash & Sweet Potato

Sides

Steamed Rice Asian Vegetable Stir Fry
Roasted Sweetcorn

Desserts

Spiced pineapple cake with custard

Wednesday

Main meal

Maple & Mustard Gammon
Pork & Sage Stuffing Yorkshire Pudding Apple Sauce

Veggie main

Cauliflower Mornay

Global pantry
SERVED TO YOU FRESH BY...

Why not try: British roast lunch yorkie wrap

Sides

Roast Potatoes Chantanay Carrots & Swede
Green Cabbage

Desserts

Blackberry Cheesecake

Thursday

Main meal

Beef Lasagna

Veggie main

Spinach & Ricotta Cannelloni

Sides

Garlic Bread Broocoli Florets
Corn on the Cob

Desserts

Lemon Drizzle Sponge

Friday

Main meal

Battered Fish Fish Fingers

Veggie main

Aubergine & Courgette Parmesana

Sides

Chips Baked Beans Peas Tartar Sauce
Lemons Gherkins

Desserts

Ice Lolliues

Week three

chapter one

Available everyday

Everyday salads; big bowl salad, tomato, cucumber, peppers, grated carrot, boiled eggs, mixed leaves, sweetcorn

Fruit bar; selection of bananas, apples, satsumas, melon and mixed grapes

Yoghurt bar; selection of natural yoghurt, seeds and dried fruits

Jacket potato bar; hot jacket potatoes with a choice of fillings

Please see daily menu boards for **allergens.**

Monday

Main meal
Eggs Royal
Fish Cakes

Veggie main
Sweet & Sour Vegetable Noodles
Spiced Tofu

Sides
Asian Vegetables Diced Potatoes
Green Vegetables

Desserts
Strawberry Smoothie

Tuesday

Main meal
Beef bolognaise with wholegrain pasta

Veggie main
Spinach & Feta Parcel

Sides
Foccacia Roasted Mixed Vegetables
Chargrilled Courgettes

Desserts
Fruit Crumble & Custard

Wednesday

Main meal
Roast Turkey & Cranberry Sauce, Cranberry Stuffing Yorkshire Pudding Gravy

Veggie main
Roasted Vegetable & Cheddar Tart

Sides
Rosemary Roasted Potatoes
Roasted Root Vegetbles Savoy Cabbage

Desserts
Jam Sponge

Global pantry

Why not try: British roast lunch yorkie wrap

Thursday

Main meal
Pork Sausages & Fried Onions
Chicken Sausages

Veggie main
Vegan Sausages

Sides
Creamy Mashed Potato Baked Beans
Carrots & Broccoli Florets

Desserts
Berry Cheesecake

Friday

Main meal
Battered Fish Fish Fingers

Veggie main
Garlic Butter & Cheddar Baked Flat Mushrooms

Sides
Chips Baked Beans Peas Tartar Sauce
Lemons Gherkins

Desserts
Sticky Toffee Pudding & Caramel Sauce